Donor Report Semi-Annual

Gate Way

of

Hope

Hope, Healing, Wholeness,

January 1st - June 30th, 2022

A letter from our Executive Director

At GateWay of Hope, we envision a future where ALL women have the opportunity to lead healthy, fulfilling lives. We are a lighthouse where women can discover hope, pursue healing and live in wholeness.

The Lord tells us to "comfort others with the comfort we have received" and we provide that to women; for those who want to use their Christian faith as part of their healing journey, and for those who may have been wounded by "religion" but still want a place where they belong.

As we work to achieve this vision, we invite you to join us by volunteering, becoming a financial supporter, and by keeping us in your prayers. The contributions you make now will ripple throughout a woman's family, community and make an impact on future generations. God bless you in your faithfulness to His kingdom!

Together, We Help Women

Our mission is to lead women to discover hope, pursue healing, and live in wholeness through counseling, coaching, and support groups.

We use the acronym SAFE to describe the unique and welcoming environment for GateWay of Hope.

S - Safe A - Affordable F - Faith-integrated E - Experience

Impact Snapshot

171

number of women served from January 1, 2022 - June 30th, 2022 32%

of women needed additional financial assistance and were given with grant funding 881

appointments from January 1, 2022- June 30th, 2022



Rebecca's Story

Connecting Faith and Mental Health

93%

of our clients agree or strongly agree that "I can identify changes in my life."

"Thank you for being a safe place for me. I have seen growth and healing in my mind and heart. I don't know what my life would've looked like these last few years... you stood in the gap for me and in doing so, it changed things for the better."

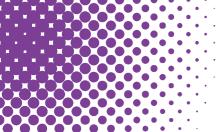
-GWH Client Rebecca came to GateWay of Hope three years ago in search of a Christian counselor to help her heal from past trauma, depression, and severe anxiety. Rebecca struggled with low self-esteem for most of her adult life and was leaving a bad relationship. She felt completely hopeless and was consistently in and out of psychiatric hospitals. But fortunately, Rebecca found GateWay of Hope through one of her doctors. She was hesitant at first, but knew she needed to make a change in her life.

After three years of counseling and developing her faith, Rebecca knows she is not the same person. She doesn't choose sleep to run away from her problems, but now courageously confronts them. She no longer zones out when her 2-year-old daughter needs her but has the energy and patience to engage with her daily needs. And her marriage shifted from consistently arguing to openness, trust, and healing.

Rebecca recently stated, "I couldn't have handled the stress this past week with my family without coming here these last few years. Back then, I would have left, but today I chose to stay because of the hope I have found here."



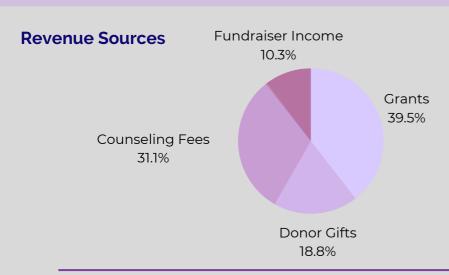
"I will transform their valley of trouble into a gateway of hope"



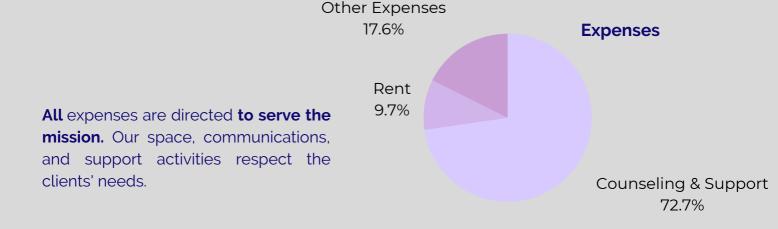
\$210,116

Together, we fill the gap between mental health need and financial ability

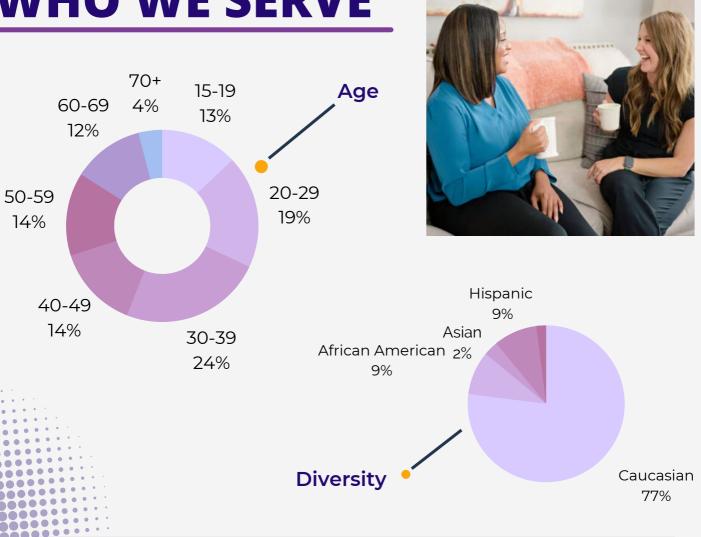
In Johnson County, the average cost of counseling per 45-minute session ranges from \$120 upward. Lower to middle income women do not have the disposable income to pay the high cost of therapeutic services and get the help they need. The financial burden and stigma around mental health often deters women seeking counseling; the number is significantly higher for women of color. GateWay of Hope actively works toward filling the financial gap for all women who need mental health resources. Mental health helps to positively improve their day-to-day effectiveness and quality of life.



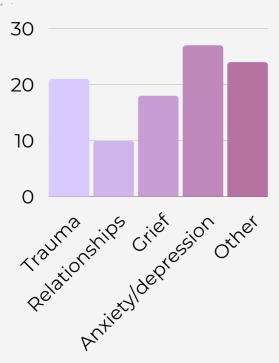
Counseling Fees are only 31% because as a non-profit, we charge very minimal fees. Our mission relies on the commitment of donors.



WHO WE SERVE







Life-coaching
Support Groups 4.1%
12.2%

Counseling 83.7%

"GateWay of Hope is a safe place for me. I feel at home when I walk through the doors. The staff is very personable and takes time to make me feel welcomed."

-GWH Client

Hermanas en Esperanza

"Sisters of Hope"



*GateWay of Hope's Hispanic Outreach Team

In 2021, GateWay of Hope launched "Hermanas en Esperanza (Sisters of Hope). This group is designed to bridge the gap between the Hispanic community and the mental health resources available in their native language.

Hermanas en Esperanza cultivates a safe community through weekly Spanish support classes, monthly Cafecitas y Mujeres (women and coffee) meetings, and individual Spanish counseling sessions. Our Hispanic Outreach team is passionate about fostering growth, connection, and providing women valuable information about mental health topics.

"I AM PROUD TO BELONG TO THIS GROUP.... SOMETHING LIKE THIS WAS MISSING IN OUR COMMUNITY!"

In the Spring of 2022, Hermanas en Esperanza hosted "Mujer Plena" (Whole Women), its first ever Spanish women's conference. Mujer Plena was designed to inspire hope, motivate change, and create a safe space for personal development. This conference was a major success and nearly 100 Hispanic women attended! Mujer Plena reached dozens of women in the community searching for a place to find support, confidence, and hope.



Thank you! We couldn't do it without you!





Your financial gift helps fill the gap for women to pursure healing.









